



INSIDE ETHIOPIA
JDC Entwine Insider Trip in Partnership with REALITY

SAMPLE ITINERARY

Day One: Departure to Ethiopia

Morning Depart for Ethiopia

Day Two: Welcome to Ethiopia!

Morning Arrive in Addis Ababa

Arrive in Lalibela

Lalibela is a town in northern Ethiopia famous for monolithic rock-cut churches. Lalibela is one of Ethiopia's holiest cities, second only to Aksum, and a center of pilgrimage. Unlike Aksum, the population of Lalibela is almost completely Ethiopian Orthodox Christian. Ethiopia is one of the earliest nations to adopt Christianity in the first half of the fourth century, and its historical roots date to the time of the Apostles.

Afternoon Welcome to Ethiopia! Lunch & Introductions Facilitated by Trip Chairs & Staff at the Hotel

Tour of Lalibela's Historic Sites

Evening Dinner & Briefing on JDC's Historic Role in Assisting Ethiopia's Jewish Community & Current Development Needs at the Hotel at Local Restaurant

Overnight in Lalibela

Day Three: Setting our Intentions

Morning Breakfast at the Hotel

Arrive in Axum

Axum or Aksum is a city in the northern part of Ethiopia. The town has a population of 56,500 residents (2010), and is governed as an urban wäräda. The original capital of the Kingdom of Aksum, it is one of the oldest continuously inhabited places in Africa. Axum was a naval and trading power that ruled the region from about 400 BCE into the 10th century. In 1980 UNESCO added Aksum's archaeological sites to its list of World Heritage Sites due to their historic value.

Afternoon Lunch

Tour of Axum's Historical Sites & Visit to the Market

Evening Core Conversation #1: Setting our Intentions

Dinner & Briefing with Dr. Rick Hodes on Ethiopian Aliyah to Israel

DRAFT ITINERARY - SUBJECT TO CHANGE

Rick Hodes is an American doctor who has lived and worked in Ethiopia for over 20 years. He is the Medical Director of Ethiopia for the American Jewish Joint Distribution Committee (JDC), a 95-year old NGO. Over the years, he has been in charge of the health of Ethiopians immigrating to Israel. Currently, he is the senior consultant at a Catholic mission helping sick destitutes with heart disease (rheumatic and congenital), spine disease (TB and scoliosis), and cancer. He has also worked with refugees in Rwanda, Zaire, Tanzania, Somalia, and Albania.

Overnight in Axum

Day Four: Education Initiatives

Morning Breakfast at the Hotel

 Overview & Tour of Endabaguna Preparatory School Built by JDC

 Interactive Activity with Students or Painting Murals

Afternoon Lunch

 Traditional Ethiopian Cooking Lesson - Learn how to make Injera!

Evening Dinner at Traditional Restaurant

 Free Time/Optional Evening Out

Overnight in Axum

Day Five: Exploring Public Health Needs

Morning Breakfast at the Hotel; Check Out

 Visit to Adwa

 Introduction & Overview of NALA

NALA's mission is to break the poverty cycle by eradicating Neglected Tropical Diseases (NTDs) and other diseases of poverty. The NALA holistic approach works towards eliminating the root causes of those diseases, leading to sustainable poverty reduction, and healthier livelihoods. NALA began as a small volunteer based organization, working in one community in Ethiopia which had an extremely high NTD prevalence. Since then, NALA has developed into a thriving organization, working in many communities both on the ground and giving technical assistance to local authorities.

NALA works together with local, national and international partners such as JDC. The NALA community engagement model is based on creating tools together with the community in an inclusive and culturally sensitive manner that empowers the community to create and implement new solutions to overcome the challenges they face.

 Service Projects at Area Schools

Afternoon Lunch & Core Conversation #2: *Arevut and JDC*

Evening Arrive in Addis Ababa

 Welcome to Addis! Dinner & Briefing on Ethiopian Current Events with Lucy Abbott, Acting Deputy Chief of Mission, US Embassy in Addis Ababa

 Optional Evening Out

DRAFT ITINERARY - SUBJECT TO CHANGE

Overnight in Addis Ababa

Day Six: Building Capacity

Morning Breakfast at the Hotel

Hike at Mount Entoto

Mount Entoto is the highest peak overlooking the city of Addis Ababa and has views of the city. It reaches 3,200 meters above sea level and is part of the Entoto mountain chain.

Afternoon Lunch & Briefing on JDC's Surgery Program and Ongoing Challenges with Dr. Rick Hodes

JDC's life-saving Surgery Program headed by long-time Medical Director in Ethiopia, Dr. Rick Hodes, provides help and hope for desperate Ethiopian patients and their families. By collaborating with hospitals and medical teams both locally and internationally, Dr. Hodes and his team deliver accurate diagnoses and effective treatments to people who have nowhere else to turn. JDC's Surgery Program gives some of Ethiopia's most vulnerable children and young adults their only chance of living a full life. Indeed, this program boasts the largest pool of severe spinal deformity patients in the world today.

Visit to Dr. Rick's Clinic in Sub-Groups

Group 1: International Surgery Program with Dr. Rick Hodes

Group 2: Visit to the Ethnographic Museum

Group 1: Visit to the Ethnographic Museum

Group 2: International Surgery Program with Dr. Rick Hodes

Evening Pre-Shabbat Activity & Candle Lighting

Kabbalat Shabbat & Festive Shabbat Dinner at Dr. Rick's House

Overnight in Addis Ababa

Day Seven: Shabbat in Addis Ababa!

Morning Breakfast at Hotel

Optional Walking Tour of the **Bole District with Guide**

Afternoon Lunch at the Hotel with Dejene Hodes, Son of Dr. Rick & Peers

Option 1: Sports and Games with Children & Teens at the Home of Dr. Rick

Option 2: Traditional Coffee Ceremony

Evening Core Conversation #3: Arevut & Me

Havdalah

Dinner

Optional Evening Out

Overnight in Addis Ababa

Day Eight: Taking the Experience Home

DRAFT ITINERARY - SUBJECT TO CHANGE

Morning **WISE Women's Empowerment and Microfinance Program**

WISE (Women in Self-Employment) is a local NGO and partner of JDC dedicated to the elimination of the facets of urban poverty and the realization of sustainable livelihoods among poor women. Started in 1998, WISE works with poor, self-employed women in Addis Ababa by providing foundational business and home economic education classes, as well as micro-loan and community banking programs. Through their businesses, beneficiaries learn self-reliance and improve the quality of their lives. The major goal areas of WISE are the economic, social and political empowerment of women and the attainment of gender equality.

Site Visit to WISE Beneficiaries & Home Visits

Souvenir Shopping at the WISE Handcraft Shop & Merkato

Afternoon Lunch & Core Conversation #4: Asiyah & Taking it Home

Evening Festive Closing Dinner

Depart Ethiopia